

STROUD HIGH SCHOOL

SEPTEMBER 26 - 30, 2022

CHOOSE ONE BREAKFAST OPTION DAILY

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--------------------------------------|---------------------------------------|---|
| BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST |
| BREAKFAST BURRITO OR CEREAL & TOAST | OMELET & BACON OR CEREAL & TOAST | FRENCH TOAST OR CEREAL & TOAST | CINNAMON ROLL OR CEREAL & TOAST | BISCUIT & GRAVY OR CEREAL & BISCUIT |

FRUIT BAR, JUICE AND MILK OFFERED DAILY

CHOOSE ONE LUNCH OPTION DAILY

| LUNCH | LUNCH | LUNCH | LUNCH | LUNCH |
|--|--|----------------------------------|--|--|
| HOT MEAL OPTION | HOT MEAL OPTION | HOT MEAL OPTION | HOT MEAL OPTION | HOT MEAL OPTION |
| TERIYAKI DUNKERS RICE & CARROTS FORTUNE COOKIE | SUB SANDWICH FRESH VEGGIES DORITOS | CHICKEN & WAFFLES BAKED BEANS | MACARONI & CHEESE GREEN BEANS & ROLL | BEEF STICKS MASHED POTATOES HOT ROLL |
| HOT MEAL OPTION | HOT MEAL OPTION | HOT MEAL OPTION | HOT MEAL OPTION | HOT MEAL OPTION |
| HAMBURGER | PEPPERONI PIZZA | CORN DOG | TIGER BURGER | POPCORN CHICKEN |
| | | | | |
| COLD MEAL OPTION | COLD MEAL OPTION | COLD MEAL OPTION | COLD MEAL OPTION | COLD MEAL OPTION |
| HAM & CHEESE SUB | TURKEY WRAP | CLUB SANDWICH | SUB SANDWICH | SANDWICH OF THE DAY |
| | | | | |
| SALAD OPTION | SALAD OPTION | SALAD OPTION | SALAD OPTION | SALAD OPTION |
| CHEF SALAD | CHEF SALAD | CHEF SALAD | CHEF SALAD | CHEF SALAD |

FRESH VEGGIE/FRUIT BAR AND MILK OFFERED DAILY

MENU SUBJECT TO CHANGE

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER